

**Ayman Ghannam**  
**Chapter 15**  
**Simple Harmonic Motion**

[http://ssc.kfupm.edu.sa/index.php?mp=hs\\_dtl&ac=1447](http://ssc.kfupm.edu.sa/index.php?mp=hs_dtl&ac=1447)

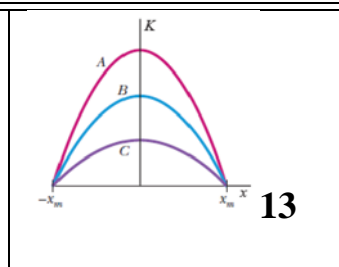
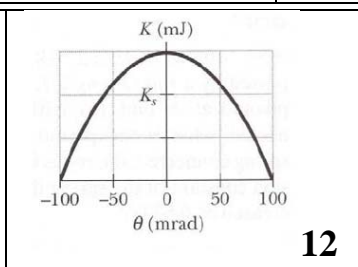
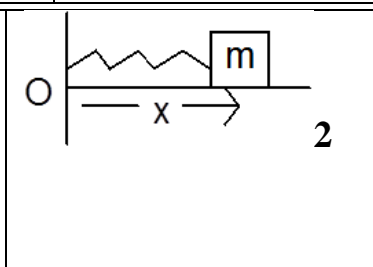
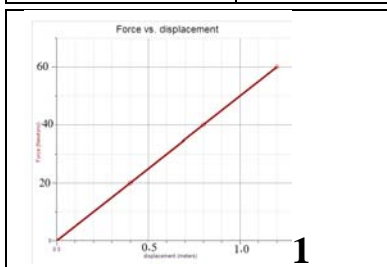


$$x(t) = A \cos(\omega t + \phi)$$

$$v(t) = -A \omega \sin(\omega t + \phi) \Rightarrow v_{\max} = A \omega$$

$$a(t) = -A \omega^2 \cos(\omega t + \phi) \Rightarrow a_{\max} = A \omega^2$$

$F_s = -kx$ $PE_{\text{elastic}} = \frac{1}{2} kx^2$ $x = A \cos \omega t$ $\omega = \frac{2\pi}{T} = 2\pi f$	$T_s = 2\pi \sqrt{\frac{m}{k}}$ $T_p = 2\pi \sqrt{\frac{l}{g}}$ $T = \frac{1}{f}$	$F_s$ = the restoring force of the spring $k$ = spring constant $x$ = displacement from equilibrium position $PE_{\text{elastic}}$ = elastic (spring) potential energy $A$ = amplitude $\omega$ = angular frequency	$T$ = period $f$ = frequency $m$ = mass $T_p$ = period of a pendulum $T_s$ = period of a mass on a spring $g$ = acceleration due to gravity
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**Q.1** A mass  $m = 5.0 \text{ kg}$  oscillates on the end of a spring on a horizontal surface with negligible friction according to the equation  $x = A \cos(\omega t)$ . The graph of  $F$  vs.  $x$  for this motion is shown below. The last data point corresponds to the maximum displacement of the mass. Determine the

- (a) Angular frequency  $\omega$  of the oscillation. (10 rad/s)
- (b) Frequency  $f$  of oscillation. (1.6 Hz)
- (c) Amplitude  $A$  of oscillation. (1.2 m)
- (d) Displacement from equilibrium position ( $x = 0$ ) at time of 2 s. (0.5 m)

**Q.2** A block of mass  $0.02 \text{ kg}$  is attached to a horizontal spring with spring constant of  $25 \text{ N/m}$ . The other end of the spring is fixed. The block is pulled a distance  $10 \text{ cm}$  from its equilibrium position ( $x = 0$ ) on a frictionless horizontal table and released. The frequency of the resulting simple harmonic motion is (5.6 Hz)

**Q.3** The maximum speed of a  $3.00\text{-kg}$  object executing simple harmonic motion is  $6.00 \text{ m/s}$ . The maximum acceleration of the object is  $5.00 \text{ m/s}^2$ . What is its period of oscillations? (7.45 s)

**Q.4** A  $0.500 \text{ kg}$  mass attached to a spring of force constant  $8.00 \text{ N/m}$  vibrates in simple harmonic motion with an amplitude of  $10.0 \text{ cm}$ . Calculate the time it takes the mass to move from  $x = 0$  to  $x = 10.0 \text{ cm}$ . (0.393 s)

**Q.5** A block attached to an ideal horizontal spring undergoes a simple harmonic motion about the equilibrium position ( $x = 0$ ) with an amplitude  $A = 10 \text{ cm}$ . The mechanical energy of the system is  $16 \text{ J}$ . What is the kinetic energy of the block when  $x = 5.0 \text{ cm}$ ? (12 J)

**Q.6** A block of mass 2.0 kg attached to a spring oscillates in simple harmonic motion along the x axis. The limits of its motion are  $x = -20$  cm and  $x = +20$  cm and it goes from one of these extremes to the other in 0.25 s. The mechanical energy of the block-spring system is:(6.3J)

**Q.7** A 2.0-kg mass connected to a spring of force constant 8.0 N/m is displaced 5.0 cm from its equilibrium position and released. It oscillates on a horizontal, frictionless surface. Find the speed of the mass when it is at 3.0 cm from its equilibrium position.(0.08m/s)

**Q.8** A block is in SHM on the end of a spring, with position given by:

$$x = x_m \cos(\omega t + \pi/6 \text{ rad}),$$

where t is in seconds. At  $t = 0$ , calculate the ratio of the potential energy U to the total mechanical energy E, i.e. U/E of the system.(0.75)

**Q.9** A simple pendulum consists of a mass  $m = 6.00$  kg at the end of a light cord of length L. The angle  $\theta$  between the cord and the vertical is given by  $\theta = 0.08 \cos[(4.43 t + \pi)]$ , where t is in second and  $\theta$  is in radian. Find the length L.(0.5m)

**Q.10** A 3-kg block, attached to a spring, executes simple harmonic motion according to  $x = 2 \cos(50 t)$  where x is in meters and t is in seconds. The mechanical energy of the block-spring system is(14000J)

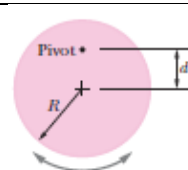
**Q.11** A particle executes simple harmonic motion on a horizontal frictionless surface, with the equilibrium position at  $x = 0$ . At  $t = 0$ , it is released from rest at a displacement  $x = 0.5$  m. If the frequency of oscillation is 5 Hz, find the displacement x at  $t = 0.02$  s.(0.4m)

**Q.12** Figure shows the kinetic energy K of a simple pendulum versus its angle  $\theta$  from the vertical. The vertical axis scale is set by  $K_s = 20.0$  mJ. The pendulum bob has mass 0.30 kg. What is the length of the pendulum?(2.04m)

**Q.13** Figure shows plots of the kinetic energy K versus position x for three linear simple harmonic oscillators that have the same mass. Rank the plots according to the corresponding period of the oscillator, greatest first.(C,B,A)

**Q.14** A thin rod, of length 1.00 m, is pivoted from one end and is allowed to oscillate in a vertical plane like a pendulum. What is the period of oscillation of this system? Ignore air resistance and the friction at the pivot.(1.64s)

**Q.15** In Fig. a physical pendulum consists of a uniform solid disk (of radius  $R = 2.35$  cm) supported in a vertical plane by a pivot located a distance  $d = 1.75$  cm from the center of the disk. The disk is displaced by a small angle and released. What is the period of the resulting simple harmonic motion?(0.366s)



**Q.16** In Fig. below, a physical pendulum consists of a uniform solid disk (of radius  $R = 2.27$  cm) supported in a vertical plane by a pivot located at the rim of the disk. The disk is displaced by a small angle and released. What is the period of the resulting simple harmonic motion?(0.370s)

