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1) A 0.5-kg block attached to a spring with a spring constant of 200 N/m, moves on a horizontal surface having a coefficient of kinetic friction of 0.3 as shown in the figure. The spring is initially compressed by 10 cm from the un-stretched position O and then released from rest. What is the speed of the block when it passes through the point O?

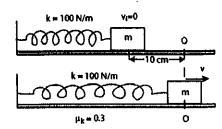
$$DK + DU_{5} + DE_{th} = 0$$

$$\frac{1}{2}m(V_{5}^{2}-J_{1}^{2}) + \frac{1}{2}k(X_{5}^{2}-X_{1}^{2}) + \mu_{k}mgd = 0$$

$$\frac{1}{2}(0.5)U_{5}^{2} = \frac{1}{2}(200)(0.1) + (6.3)(0.5)(9.8)(0.1) = 0$$

$$\frac{1}{4}V_{5}^{2} = 1 - 0.147$$

$$V_{5} = \sqrt{4(1-0.147)} = 1.8 \frac{m_{5}}{5}$$



2) The figure shows an object of mass = 1 kg starting from rest. It first slides a distance of 45 cm down a frictionless inclined surface, and then slides across a rough horizontal surface whose coefficient of kinetic friction is 0.2. What is the maximum distance d travelled by the object across the horizontal surface?

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