

Name: Key Id#: \_\_\_\_\_

Consider a simple harmonic oscillator. Calculate the space averages of the kinetic and potential energies. Are they equal? Discuss the results.

Consider  $x(t) = A \cos(\omega t)$  where  $A$  is the amplitude of the motion and  $\omega$  is the angular frequency.

$$x(t) = A \cos \omega t \quad \dot{x}(t) = -A\omega \sin \omega t$$

$$\langle K \rangle = \frac{1}{2} m \frac{1}{A} \int_0^A \dot{x}^2 dx = \frac{1}{2} m \frac{1}{A} \int_0^A A^2 \omega^2 \sin^2 \omega t dx$$

$$= \frac{1}{2} m \frac{1}{A} \int_0^A A^2 \omega^2 (1 - \cos^2 \omega t) dx$$

$$= \frac{1}{2} m \frac{1}{A} \left[ \int_0^A A^2 \omega^2 dx - \int_0^A A^2 \omega^2 \cos^2 \omega t dx \right]$$

$$= \frac{1}{2} m \frac{1}{A} \left[ A^2 \omega^2 \int_0^A dx - \omega^2 \int_0^A x^2 dx \right]$$

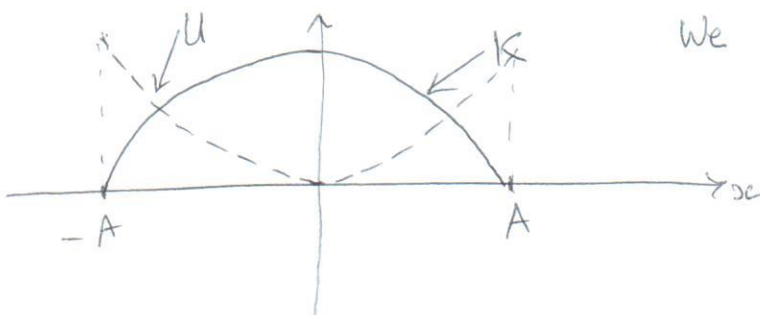
$$= \frac{1}{2} m \frac{1}{A} \left[ A^2 \omega^2 A - \omega^2 \frac{A^3}{3} \right] = \frac{1}{2} m \frac{1}{A} \left( \frac{2A^3 \omega^2}{3} \right)$$

$$\boxed{\langle K \rangle = \frac{m \omega^2 A^2}{3}}$$

$$\langle U \rangle = \frac{1}{2} k \frac{1}{A} \int_0^A x^2 dx = \frac{1}{2} k \frac{1}{A} \frac{A^3}{3} = \frac{k A^2}{6}$$

$$k = m \omega^2 \Rightarrow \boxed{\langle U \rangle = \frac{m \omega^2 A^2}{6}}$$

We see that  $\langle K \rangle = 2 \langle U \rangle$



We see that the area under the curve for  $K$  is always greater than the area under the curve for  $U$ !