# 4-7 General 3-D Stress

In general for a 3-D stress, there are 3 principal stresses:  $\sigma_1$ ,  $\sigma_2$  and  $\sigma_3$ . A 3-D stress element with the 3 principal stresses are shown below:



The Mohr's circle for the above stress element would look like this:



The extreme shear stresses are:

$$\tau_{1/2} = (\sigma_1 - \sigma_2)/2, \ \tau_{1/3} = (\sigma_1 - \sigma_3)/2 \text{ and } \tau_{2/3} = (\sigma_2 - \sigma_3)/2.$$

The maximum shear stress is:

$$\tau_{\text{max}} = \tau_{1/3}$$

Even for a 2-D plane stress analysis, one can say that there are 3 principal stresses.  $\sigma_1$  and  $\sigma_2$  are found using the equations given before, but  $\sigma_3=0$ . There are 3 scenarios, which are:

1) 
$$\sigma_1, \sigma_2 > 0, \sigma_3 = 0;$$
 2)  $\sigma_1, \sigma_2 < 0, \sigma_3 = 0$  and 3)  $\sigma_1 > 0, \sigma_2 < 0, \sigma_3 = 0.$ 

Assuming  $\sigma_1 > \sigma_2$ , for the first case:  $\tau_{max} = \tau_{1/3} = (\sigma_1 - \sigma_3)/2 = \sigma_1/2$ , for the second case:  $\tau_{max} = \tau_{2/3} = (\sigma_2 - \sigma_3)/2 = \sigma_2/2$  and for the third case:  $\tau_{max} = \tau_{1/2} = (\sigma_1 - \sigma_2)/2$ .

### 4-8, 9 Elastic Strain and Stress

For a bar subject to a tensile axial load of F, the bar elongates with an amount of  $\delta$ , then the axial elastic strain  $\epsilon$  is defined as

$$\varepsilon = \delta/L$$

where L is the original length of the bar. The axial stress  $\sigma$  is simply

$$\sigma = F/A$$

where A is the cross-sectional area of the bar. The Hooke's Law is given as

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\sigma = E\epsilon
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where E is the modulus elasticity of the material of the bar, which is given as 207 GPa for the carbon steel. Refer to Table A-5, p. 963, in the Appendix A of the textbook, for the physical constants of materials. From the above relations, one can obtain the elongation of the bar to be

$$\delta = (FL)/(AE).$$

Also, the shear stress  $\tau$  for a bar subjected to a direct shear force of F (scissor action)

$$\tau = F/A$$

for which the Hooke's Law is expressed as

 $\tau = G\gamma$ 

where  $\gamma$  is the shear angle and G is the modulus of rigidity related to E as

$$E = 2G(1+\nu)$$

in which the symbol v stands for the Poisson's ratio defined as

v = -Lateral Strain/Axial Strain.

The Poisson's ratio can be taken as 0.3 for the carbon steel, again refer to Table A-5 in the textbook.

For the general elastic stress-strain relations (Hooke's Laws) for the uniaxial (1-D), biaxial (2-D) and triaxial (3-D) stress cases, refer to Table 4-2, p. 124, in the textbook.

## 4-10 Normal Stresses for Beams in Bending

A cut beam subject to a positive bending moment M is shown below:



The normal stress at a distance y from the neutral axis is given by:

$$\sigma_x = -(M/I)y$$

where I is the area moment of inertia or the second moment of area about the z axis. The stress at the top surface is compression whose value is  $\sigma_x = -(M/I)c$  and at the bottom surface the stress is tension given by  $\sigma_x = (M/I)c$ . The moment of inertia for a solid round cross-section is:  $I=\pi d^4/64$  and therefore the normal stress is given by:  $\sigma_x = 32M/(\pi d^3)$ . For a rectangular cross-section of width b and height h,  $I = bh^3/12$  and  $\sigma_x = 6M/(bh^2)$ .

Note: Review Examples 4-5 and 4-6 in textbook, pages 127-130.

## 4-12 Shear Stresses for Beams in Bending

The shear force V for a beam in bending causes shear stresses, which are maximum at the neutral axis, and zero at the top and bottom surfaces. The cut beam is shown below:



*For a rectangular cross-section*, the shear stress on a stress element at a distance y from the neutral axis is given by:

$$\tau_{xy} = 3V(1-y^2/c^2)/(2A)$$

Hence, it is zero at the top and bottom surfaces where  $y=\pm c$ ; and it is maximum at the neutral axis with a value of  $\tau_{xy} = 3V/(2A)$ . For a solid round cross-section,

$$\tau_{xy} = 4V(1-y^2/c^2)/(3A)$$

And again, it is zero at the top and bottom surfaces where  $y=\pm c$ ; and it is maximum at the neutral axis with a value of  $\tau_{xy} = 4V/(3A)$ . For different cross-sections, see Table 4-3, p.136, in the textbook.

#### 4-13 Torsion

The twisting torque T on a round bar or shaft causes angular displacements and shear stresses as shown below:



The angular displacement or angle of twist  $\theta$  is given as:

$$\theta = TL/(GJ)$$

where L is the length of the bar and J is the polar moment of inertia or second polar moment of area about the centroid of the cross-section. For a solid round cross-section with a diameter of d, J is given as  $J=\pi d^4/32$ . The shear stress caused by the torque T *on a round bar* is given by:

$$\tau = T\rho/J$$

where  $\rho$  is the radial distance of the stress element from the center of the cross-section. This shear stress is maximum at the outside surface, which is at a distance of  $\rho = r$  from the center. This maximum stress is

$$\tau = \mathrm{Tr}/\mathrm{J} = 16\mathrm{T}/(\pi\mathrm{d}^3)$$

for a solid round cross-section at the outside surface. The maximum shear stress for a rectangular cross-section of  $b \times c$ , where b is the longer side, i.e. b > c:

$$\tau = T(3 + 1.8c/b)/(bc^2).$$

Note: Review Examples 4-7 (p.133), 4-8 (p.139) and 4-9 (p. 141) in the textbook.

#### **4-14 Stress Concentration**

The elastic stress across the cross-section of a machine element is uniform in the case of a bar in tension, or linear as in the case of a beam in bending. Many times, machine elements are required to have holes, notches, grooves etc. due to various reasons. For example, a shaft may be drilled a hole because of mounting a gear onto it. Such discontinuities disturb the stress distribution in machine elements and cause stress concentrations. See, for example, the following plate with a hole of diameter d subjected to tension:



At the section of A-A, the nominal stress  $\sigma_0$  is

$$\sigma_0 = \frac{F}{t(b-d)}$$

where t is the thickness of the plate. But, due to the stress concentration at the edge of the hole, this stress rises to  $\sigma_{max}$ , which is given as

$$\sigma_{\rm max} = K_t \sigma_0$$

where  $K_t$  is called the theoretical stress concentration factor for normal stress and  $K_t \ge 1$ . We have a similar scenario for the case of shear stress where:

$$\tau_{\rm max} = K_{\rm ts} \, \tau_{\rm o}$$

where  $K_{ts}$  is the theoretical stress concentration factor for shear stress and again  $K_{ts} \ge 1$ . The values of  $K_t$  and  $K_{ts}$  depend on the type of loading, i.e. tension, bending, torsion, and also on the geometry. The values for several cases are given in the Appendix of the textbook, Table A-15, pages 982-988.