

Section: 7.3: Trigonometric Substitutions

In this section we consider integrals containing expressions of the forms

$$\sqrt{a^2 - x^2}, \sqrt{a^2 + x^2}, \sqrt{x^2 - a^2}, a > 0.$$

To deal with such integrals, we make the following trigonometric substitutions.

Integral contains	Trig. Substitution
$\sqrt{a^2 - x^2}$	$x = a \sin \theta, \quad -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$
$\sqrt{a^2 + x^2}$	$x = a \tan \theta, \quad -\frac{\pi}{2} < \theta < \frac{\pi}{2}$
$\sqrt{x^2 - a^2}$ Domain: $x \geq a$ or $x \leq -a$	$x = a \sec \theta, \quad 0 \leq \theta < \pi/2 \quad (x \geq a)$ $\pi \leq \theta < 3\pi/2 \quad (x \leq -a)$

Remarks:

- These trigonometric substitutions will remove the radicals.
- The restriction on θ is made
 - to easily remove the absolute values (during simplification)
 - to make the trigonometric functions one-to-one and hence to write the substitutions in the inverse form: $\theta = \sin^{-1}(x/a), \theta = \tan^{-1}(x/a), \theta = \sec^{-1}(x/a)$.
- The same trigonometric substitutions can be used if the square root $\sqrt{\cdot}$ is replaced by the powers $(\cdot)^{3/2}, (\cdot)^{5/2}, \dots$.

Example 1: Find $\int \frac{x^5}{\sqrt{x^2 + 1}} dx$.

Solution: Let $x = \tan \theta, -\frac{\pi}{2} < \theta < \frac{\pi}{2}$. Then

- $dx = \sec^2 \theta d\theta$
- $\sqrt{x^2 + 1} = \sqrt{\tan^2 \theta + 1} = \sqrt{\sec^2 \theta} = |\sec \theta| = \sec \theta, \text{ (as } -\frac{\pi}{2} < \theta < \frac{\pi}{2} \text{)}$

Thus we get

$$\begin{aligned} \int \frac{x^5}{\sqrt{x^2 + 1}} dx &= \int \frac{\tan^5 \theta}{\sec \theta} \cdot \sec^2 \theta d\theta \\ &= \int \tan^5 \theta \cdot \sec \theta d\theta \\ &= \int \tan^4 \theta \cdot \sec \theta \tan \theta d\theta = \int (\tan^2 \theta)^2 \cdot \sec \theta \tan \theta d\theta \\ &= \int (\sec^2 \theta - 1)^2 \cdot \sec \theta \tan \theta d\theta \end{aligned}$$

Let $u = \sec \theta$. Then $du = \sec \theta \tan \theta d\theta$. So the last integral becomes

$$\begin{aligned}
&= \int (u^2 - 1)^2 du = \int (u^4 - 2u^2 + 1) du \\
&= \frac{1}{5}u^5 - \frac{2}{3}u^3 + u + C \\
&= \frac{1}{5}\sec^5 \theta - \frac{2}{3}\sec^3 \theta + \sec \theta + C \\
&= \frac{1}{5}(\sqrt{x^2 + 1})^5 - \frac{2}{3}(\sqrt{x^2 + 1})^3 + \sqrt{x^2 + 1} + C.
\end{aligned}$$

Example 2: Find $\int \sqrt{4-x^2} dx$.

Solution: Let $x = 2 \sin \theta$, $-\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$. Then

- $dx = 2 \cos \theta d\theta$
- $\sqrt{4-x^2} = \sqrt{4-4\sin^2 \theta} = \sqrt{4(1-\sin^2 \theta)} = \sqrt{4\cos^2 \theta} = 2|\cos \theta| = 2 \cos \theta$

Thus we get

$$\begin{aligned}
\int \sqrt{4-x^2} dx &= \int 2 \cos \theta \cdot 2 \cos \theta d\theta \\
&= 4 \int \cos^2 \theta d\theta = 4 \int \frac{1+\cos(2\theta)}{2} d\theta \\
&= 2[\theta + \frac{1}{2} \sin(2\theta)] + C \\
&= 2\theta + 2 \sin \theta \cos \theta + C \\
&= 2 \sin^{-1}\left(\frac{x}{2}\right) + 2 \cdot \frac{x}{2} \cdot \frac{\sqrt{4-x^2}}{2} + C \\
&= 2 \sin^{-1}\left(\frac{x}{2}\right) + \frac{1}{2}x \sqrt{4-x^2} + C
\end{aligned}$$

Example 3: Find $\int_{\sqrt{2}}^2 \frac{1}{x^3 \sqrt{x^2-1}} dx$.

Solution: Let $x = \sec \theta$, $0 \leq \theta < \pi/2$ as the interval is positive. Then

- $dx = \sec \theta \tan \theta d\theta$
- $\sqrt{x^2-1} = \sqrt{\sec^2 \theta - 1} = \sqrt{\tan^2 \theta} = |\tan \theta| = \tan \theta$
- $x = \sqrt{2} \Rightarrow \sec \theta = \sqrt{2} \Rightarrow \cos \theta = 1/\sqrt{2} \Rightarrow \theta = \pi/4$
- $x = 2 \Rightarrow \sec \theta = 2 \Rightarrow \cos \theta = 1/2 \Rightarrow \theta = \pi/3$

Thus we get

$$\begin{aligned}
\int_{\sqrt{2}}^2 \frac{1}{x^3 \sqrt{x^2-1}} dx &= \int_{\pi/4}^{\pi/3} \frac{1}{\sec^3 \theta \cdot \tan \theta} \sec \theta \tan \theta d\theta \\
&= \int_{\pi/4}^{\pi/3} \cos^2 \theta d\theta = \frac{1}{2} \int_{\pi/4}^{\pi/3} 1 + \cos(2\theta) d\theta \\
&= \frac{1}{2} [\theta + \frac{1}{2} \sin(2\theta)] \Big|_{\pi/4}^{\pi/3} = \frac{\pi + 3\sqrt{3} - 6}{24}
\end{aligned}$$

Example 4: Find $\int e^t \sqrt{4 - e^{2t}} dt$.

Solution: Let $y = e^t$. Then $dy = e^t dt$. Thus

$\int e^t \sqrt{4 - e^{2t}} dt = \int \sqrt{4 - y^2} dy$. Now let $y = 2 \sin \theta$, $-\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$ and proceed as in

Example 1. The final answer is

$$\int e^t \sqrt{4 - e^{2t}} dt = 2 \sin^{-1} \left(\frac{e^t}{2} \right) + \frac{1}{2} e^t \sqrt{4 - e^{2t}} + C.$$

Example 5: Find $\int \sqrt{1 + 9x^2} dx$.

Solution: Let $y = 3x$. Then $dy = 3dx$. Thus

$\int \sqrt{1 + 9x^2} dx = \frac{1}{3} \int \sqrt{1 + y^2} dy$. Now let $y = \tan \theta$, $-\frac{\pi}{2} < \theta < \frac{\pi}{2}$ and proceed in the usual way. The final answer is

$$\int \sqrt{1 + 9x^2} dx = \frac{3}{2} x \sqrt{1 + 9x^2} + \frac{1}{2} \ln \left| 3x + \sqrt{1 + 9x^2} \right| + C.$$

Example 6: Find $\int \frac{1}{\sqrt{6x - x^2}} dx$.

Solution: Here we can not use trigonometric substitutions directly. First we have to complete the square of the radicand:

$$6x - x^2 = -(x^2 - 6x) = -(x^2 - 6x + 9 - 9) = -[(x - 3)^2 - 9] = 9 - (x - 3)^2$$

This gives

$$\int \frac{1}{\sqrt{6x - x^2}} dx = \int \frac{1}{\sqrt{9 - (x - 3)^2}} dx; \text{ let } y = x - 3. \text{ Then } dy = dx.$$

$$= \int \frac{1}{\sqrt{9 - y^2}} dy$$

$$= \sin^{-1} \left(\frac{y}{3} \right) + C = \sin^{-1} \left(\frac{x - 3}{3} \right) + C$$